Patient Information Form

To help you get the information you need about your hernia and your treatment options, Gore has developed this list of questions to ask your doctor. Be sure to bring this form to your next appointment and write down the doctor’s answers in the space provided.

If you are diagnosed with a hernia...
What type of hernia do I have? ____________________________________________
What may have caused my hernia? _________________________________________
Do I need hernia repair surgery? __________________________________________

If your doctor does not recommend surgery...
What are my treatment options? ___________________________________________
Will I eventually need hernia repair surgery? ________________________________

If your doctor recommends surgery...
How soon should I have surgery? __________________________________________
What type of surgery do I need, open or laparoscopic? _________________________
What are the risks of this type of surgery? _________________________________
Will I have general or local anesthesia? ____________________________________
How will the hernia be repaired (patch, plug and patch, sutures)? __________________
What type of product will be used in the repair? _____________________________
Will I need to stay in the hospital overnight? _______________________________
Do I need to stop taking any medications or supplements in the days or weeks before surgery? ________________________________
Do I need to have any lab work or tests done before surgery? __________________
How much time should I take off of work? _________________________________
What types of activities should I avoid after surgery? _________________________
How long will it take for me to get back to my normal activities? __________________