

Patient Information Form

To help you get the information you need about your hernia and your treatment options, Gore has developed this list of questions to ask your doctor. Be sure to bring this form to your next appointment and write down the doctor's answers in the space provided.

If you are diagnosed with a hernia...

What type of hernia do I have? _____

What may have caused my hernia? _____

Do I need hernia repair surgery? _____

If your doctor does not recommend surgery...

What are my treatment options? _____

Will I eventually need hernia repair surgery? _____

If your doctor recommends surgery...

How soon should I have surgery? _____

What type of surgery do I need, open or laparoscopic? _____

What are the risks of this type of surgery? _____

Will I have general or local anesthesia? _____

How will the hernia be repaired (patch, plug and patch, sutures)? _____

What type of product will be used in the repair? _____

Will I need to stay in the hospital overnight? _____

Do I need to stop taking any medications or supplements in the days or weeks before surgery? _____

Do I need to have any lab work or tests done before surgery? _____

How much time should I take off of work? _____

What types of activities should I avoid after surgery? _____

How long will it take for me to get back to my normal activities? _____

